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553 which the family invites the people of the village. In the larger communities a written invitation may be sent, in which the name of the child is announced. The
[431] feast occurs in the family house, to which the invited guests bring presents and where they may see the child. The only ritualized feature of this event is the washing of the child's hair, which is always done by an elderly person. This may occur, however, before the arrival of the guests.

Because of the significance and influence attributed to the personal name, it may be changed very readily and informally. If it is felt that ill fortune is in the offing, an announcement may be made in the village of change of one's name.
[551] Childhood nicknames as well as teknonymy are utilized by the Burmese, but not to the exclusion of use of the personal name.

Childhood. Burmese children are generally indulged and their existence is
857 more or less carefree and unencumbered by rigid discipline, apart from early
858 inculcation of respect for elders, until they are of educational age and considered capable of understanding the moral teachings of Buddhism. A male child is valued religiously, for at an early age he will be initiated into the monkhood,
● [851] remaining from a few days to several years, depending upon family circumstances and needs. The initiation of a son brings great religious merit to his parents.

In the Burmese village children are valued for the economic help they render. This will, of course, vary with family circumstances. But in the ordinary cultivator's family, sons and daughters help from the age of about nine or ten years in tending cattle, getting firewood, and winnowing rice. Children are also looked upon as a kind of social insurance for old age.

[884] *Puberty and Adolescence.* Apart from modern legal ideas concerning the attainment of adulthood, the Burmese view is that one is adult when physiologi-
881 cally mature. Upon reaching pubescence boys as well as girls are referred to by a term meaning "virgin." The connotation is that the individual has now entered a period of life in which the dangers of temptation are especially great and in which corresponding precautions are necessary.

A girl's first menstruation is believed to cleanse her system; frequently, such phenomena as eruption of the skin or sexually delinquent behavior preceding the first menstrual period are regarded as evidence that the "blood is trying to flow."
[841] Although the idea of uncleanliness is associated with menstruation, there is no segregation of the girl or particular fear of contamination. So long as she conducts herself with propriety and modesty a girl is free to move in public at this time.

304 Ideally, the attainment of puberty is the time for the girl's ear-boring cere-
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